

***Join the***

**ODE Parent Project®**

Find answers to your parenting questions

Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families.

***All classes are free!***

# Sign up for the Parent Project® and get:

* Resources to help you and your kids
* Tools to increase your child’s success and attendance at school
* Tips to improve communication with your child
* Strategies to prevent their use of alcohol or drugs
* Practical tools that work for your family

***Dinner and childcare provided!*** *Childcare limited to first 20 children who sign up, ages 3-15, potty trained.*

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**D AT E S**

# Classes start:

# Thursday, February 16, 2023

**6:00 pm – 8:30 pm**

Fiesta Gardens International School

1001 Bermuda Drive

San Mateo CA 94403

Class dates:

2/16, 2/23, 3/2, 3/9, 3/16, 3/23, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11

Class language:

**Spanish**

# Register in advance:

Eddy Caldera

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**[www.smchealth.org/ParentProject](http://www.smchealth.org/ParentProject)**