



**San Mateo BHRH Health
and
Hope For All
Invites Your Support**

WALK 2019 for mental health

Saturday, Sept. 21, 2019

JOIN US!

Guadalupe River Park, San Jose; 9:30 – 12:00pm.
[\(Map\) N. Autumn St. and W. Santa Clara St – across from the SAP Center](#)

***Help us support NAMI programs, raise awareness....
and have a lot of fun doing it!***



Transportation provided for clients- includes free lite breakfast & lunch tickets

Jump on our bus and ride with us to raise awareness & fight stigma!

Call NAMI San Mateo at 650-638-0800 to get a seat

Contact: Matt Boyle at mboyle@smcgov.org or 650-802-6522 to
Join our existing team, or Support a walker

[www.namiwalks.org/team/San Mateo BHRH Health and Hope for All](http://www.namiwalks.org/team/San_Mateo_BHRH_Health_and_Hope_for_All)

Let's walk together to support mental health in our community!