

COMMUNICATION HEALTH INTERACTIVE FOR PARENTS AND OTHERS (CHIPAO)

PARENT-TEEN COMMUNICATION WORKSHOP

Please join us for an important community event open to *all parents* but with a **special focus on supporting East Asian-American families**. Parents are invited to attend *without* their children to offer more open and honest discussion about parent-teen communication challenges.

The workshops will begin with scripted vignettes performed by volunteer actors addressing adolescent stressors, challenges, and difficult topics. Moderators will guide discussion throughout the workshop. The goal is to provide parents with different strategies, skills, and advice for communicating and connecting with their teen.

**Cantonese, Mandarin & Spanish
interpretation will be provided**

**Wednesday,
April 20, 2016**

7:00 – 8:30pm

Mills High School Auditorium
400 Murchison Drive
Millbrae

Light refreshments provided

For more information, contact
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