

# COMBINED PSYCHIATRIC GRAND ROUNDS – APRIL 2015



## Mills-Peninsula Health Services

Continuing Medical Education      Department of Psychiatry  
1501 Trousdale Drive              100 South San Mateo Drive  
Burlingame, CA 94010              Hendrickson Auditorium  
650-696-5813                          San Mateo, CA 94401  
*Edward G. Morhauser, M.D., Chair, Psychiatry Education*



## County of San Mateo

Behavioral Health and Recovery Services  
Health Services Building  
225 West 37th Avenue - Multipurpose Room 100  
San Mateo, CA 94403              650-573-2530  
*Raziya S. Wang, M.D., CME Chair and  
Director of Psychiatry Residency Training Program*

**APRIL 7**

**NO GRAND ROUNDS SCHEDULED**

**APRIL 21**

**MILLS HEALTH CENTER-HENDRICKSON AUDITORIUM**  
**100 SOUTH SAN MATEO DRIVE, SAN MATEO**

**12:15 – 1:45 P.M.**

**“HOW TO RATIONALLY SELECT AN ANTIDEPRESSANT:  
MAXIMIZING EFFICACY AND MINIMIZING SIDE EFFECTS”**

*presented by*

***Owen Wolkowitz, M.D.***

*Professor of Psychiatry, UCSF, San Francisco, California;  
Director, Psychopharmacology Assessment Clinic, UCSF;  
Attending Psychiatrist, UCSF*



**APRIL 14**

**12:15 – 1:30 P.M.**

**“NEUROPSYCHIATRY UPDATES ON SEIZURE DISORDERS  
(EPILEPTIC AND NON-EPILEPTIC)”**

*presented by*

***Sepideh Bajestan, M.D., Ph.D.***

*Clinical Assistant Professor, Neuropsychiatry Assistant Fellowship Director  
Department of Psychiatry and Behavioral Sciences  
Stanford University, Stanford, California*

**APRIL 28**

**12:15 – 1:30 P.M.**

**“EXERCISE AND MENTAL HEALTH”**

*presented by*

***Laura Tully, M.D.***

*Psychiatric Chief Resident, PGY4  
San Mateo County Behavioral Health and Recovery Service  
San Mateo, California*

*Mills-Peninsula Health Services and San Mateo County Health Services are accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. Mills-Peninsula Health Services and San Mateo County Health Services take responsibility for the content, quality and scientific integrity of this CME activity.*

*Mills-Peninsula Health Services and San Mateo County Health Services designates this educational activity for a maximum of 1.5 AMA PRA Category 1 Credits™.*

*Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.*

*Psychologists attending courses listed above may report the following to the California Psychological Assoc. Accrediting Agency: at Mills-Peninsula Health Services 1.5 hrs and at San Mateo Co. Health Services 1.25 hrs.*

*MFTs and LCSWs attending courses listed above may report the following to the Board of Behavioral Sciences:*

*at Mills-Peninsula Health Services 1.5 hours (Provider Approved Number PCE 428) and at San Mateo County Health Services 1.25 hours (Provider Approved Number PCE 580).*

*Nurses attending courses listed above may report 1.5 contact hours at Mills-Peninsula Health Services, provider approved by the California Board of Registered Nursing, Provider Number 0784,*

*and 1.25 contact hours at San Mateo County Health Services, provider approved by the California Board of Registered Nursing, Provider Number CEP1405.*